

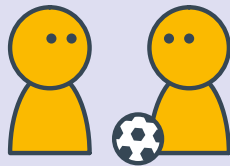
# Hampshire's Pledge to children in care and care leavers



## Your Health and Wellbeing

### We will support you to

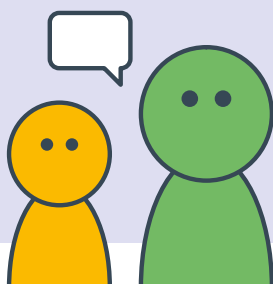
- Access Health Services – this includes your mental and physical well-being
- Maintain healthy and happy relationships
- Identify and access positive activities, interests and hobbies



## Where you live

### We will

- Be open and honest about your care especially when changes are happening or where we can see that they are likely to happen for you
- Help you to move smoothly to a new place to live, should you need to
- Inform you about how you will keep in touch with your own family, if appropriate



## Your Voice

### We will

- Actively involve you in your own care plans
- Make time for you to talk one to one with us
- Be contactable through a variety of ways and get back to you within 3 working days
- Involve you in different ways so that together we can improve what we do
- Let you know what you are entitled to as well as what you have responsibility for
- Make you aware of our compliments and complaints procedure and support you through this if needed





## Your Education Training and Employment



### We will support you to

- Access academic and non-academic opportunities – not just school or college
- Be involved about decisions made about your education
- Access additional support for school or college if this is necessary
- Access college or university if you would like that help



## Moving On



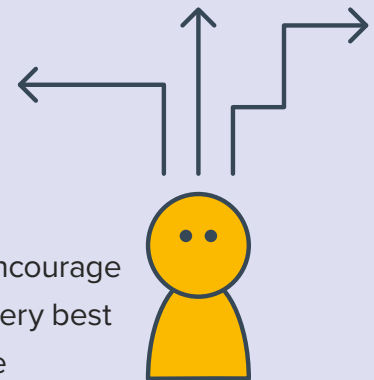
### We will support you to

- Find somewhere to live
- Build necessary skills to maintain your accommodation
- Become the successful young adult that you can become
- This offer of support will be there until you are 25
- Access the services relevant to your needs as an older young person

## Your Future

### We will

- Help you plan your future
- Support and encourage you to be the very best that you can be



To find out more, speak to your social worker, or search 'Hampshire Local Offer to Care Leavers'.

